



your

health connectionSM

August Calendar of Events

FOR THE GREATER WAUSAU AREA

FEATURED EVENT

Infant CPR Anytime Community Class

August 18
7 p.m.

Saint Clare's Hospital
Conference Center
Use Parking Lot and
Door #3

With support through the American Heart Association and the Marshfield Clinic/Ministry Health Care Heart Team. This is a FREE non-certified class for people who wish to learn how to do infant CPR as well as choking rescue. Includes free training DVD and Manikin.

Cost: Free with a donation of a personal care product that will be donated to the Women's Community. (Liquid Laundry Soap, baby wipes, toilet paper, or non-perishable food item)

Limited to the first
50 registrants

For more information
or to register, call
715.393.3258

Unless otherwise noted,
all programs are free and located at:
Saint Clare's Hospital
3400 Ministry Parkway, Weston

Family Birth Center Education Offerings: Childbirth Preparation Class

Saturday • August 1
9 a.m. - 4 p.m. \$40

Mommy Mondays
Move It, Make It, Manage It
Mondays • August 3, 17
6 p.m. \$5

Infant Care Basics & Safety
Tuesday • August 4
6 - 9 p.m. \$20

Sibling Celebration
Tuesday • August 4
6 - 7:30 a.m. \$5 per child

Breastfeeding Support Class
Thursday • August 6
4 - 6 p.m. \$10

Childbirth Preparation: 2 Day
Tuesday • August 11
Thursday • August 13
6 - 9 p.m. \$40

Registration needed for all
programs, call 715.393.3258



Bariatric Informational Seminar Wednesday • August 5

6 p.m.
Saint Clare's Hospital - Conf Center
Use parking lot and entrance #4.
Meeting is for anyone, including
spouses, friends, and family members,
looking for information on bariatric
surgery. Financing is available.
Registration required, call
877.295.5868
ministryhealth.org/bariatrics

Infertility Support Group Wednesday • August 12

6 - 7 p.m.
Saint Clare's Hospital - Conf Center
Use parking lot and entrance #3.
A group where people experiencing
infertility can come together to
meet and talk in an informal and
nonjudgmental manner about the
issues they face.
For information, call **715.453.6498**

Living with Loss Support Group Thursday • August 27

10 - 11:30 a.m.
St. Andrew's Lutheran Church
3200 N. Mountain Rd., Rib Mountain
Hosted by Ministry Home Care
For information, call **715.843.9006**

For a complete listing of programs
and events, visit our online Health
Connection Calendar of Events at:
ministryhealth.org



Mommy Café Every Tuesday

10:30 a.m. - 12 p.m.
Saint Clare's Hospital
1st Floor Family Waiting Area
Use parking lot and entrance #4.
This mother and baby support group
is led by a registered nurse/lactation
consultant.
For information, call **715.393.3258**



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