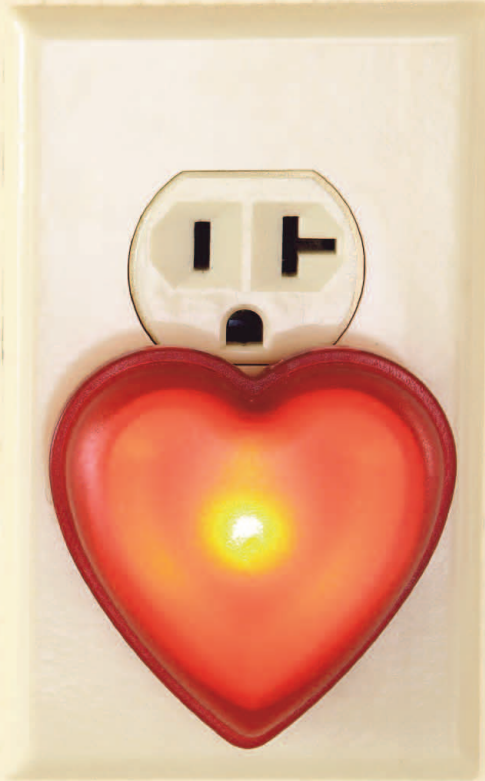


*One Step Ahead ...*

brighten  
up



**Good lighting in your home is key. Use a night-light in your bedroom and bathroom. Keep a flashlight near your bed for emergencies.**

 **MINISTRY HOME CARE**

today. tomorrow. together.®

**YOU  
Can  
Prevent  
a Fall**