

# Adult Day & Respite Care

Saint Elizabeth's Adult Day & Respite Care are options available to families who are looking for a caring and supportive environment for their loved ones. Day and short-term services provided in a skilled nursing home facility ensures that seniors have access to high quality, compassionate care.

## When is Adult Day or Respite Care a good choice?

- A full-time caregiver needs a deserved break or “respite” from the rigors of caregiving.
- A full-time caregiver cannot provide care for a short-term period due to a commitment, occasion, illness, or other obligation.
- A caregiver works outside the home and is in need of adult day care for their family member.



## What services and amenities are provided?

- Skilled nursing care
- Nutritious meals
- Rehabilitation Services
- Recreational therapy
  - Exercise
  - Art
  - Discussion Groups
  - Social Activities
  - Worship Services
  - Music
  - Gardening
  - Reading programs

## Offering a full scope of Aging Services

- Home Health Care
- Independent Living
- Assisted Living
- Swing Bed Care
- Transitional Care
- Caregiver Respite Services
- Cardiac Rehab
- Physical, occupational, & speech therapies
- Disease Management Programs

## Referral Information

To learn more call:

**Social Services  
Department  
651-565-5566 or  
651-565-3116**

## What are the hours of services?

- *Adult Day Care:* 7:00 a.m.—5:00 p.m., Monday—Friday
- Special arrangements may be made to accommodate unique schedules.
- *Respite Care:* 24 hours per day on a short-term basis



## What is the admission process?

Homebound seniors and mentally or physically disabled adults over 18 are eligible to receive adult and respite care services. To learn more about the admission process, contact our Social Services Department.



## What does Adult & Respite Care cost?

- Adult Day Care costs are based on a per-hour rate.
- Respite Care daily rates are based on the level of care required.

A social worker will meet with you to assess needs and review an appropriate plan of care. Based on the admission assessment, program fees and a financial plan will be discussed. The Wabasha County Waiver Program is a resource that provides financial assistance to eligible families.

