

Caring for people throughout Southeast Minnesota and Western Wisconsin

Saint Elizabeth's Home Care provides high quality, compassionate and comprehensive health care in the homes of people in Wabasha County and portions of Goodhue, Pepin and Buffalo Counties and beyond.

Our offices are located at Saint Elizabeth's Medical Center in Wabasha, MN. For more information, please call 651-565-5577.

About Saint Elizabeth's

Saint Elizabeth's Medical Center provides a comprehensive continuum of care in collaboration with primary care clinics and providers. Our mission as a Catholic health care system is to further the healing ministry of Jesus by continually improving the health and well being of all people, especially the poor, in the communities we serve.

As part of Saint Elizabeth's Medical Center, Saint Elizabeth's Home Care provides convenient, cost-effective care to patients in their home—helping them remain at home, where they're most comfortable. The professional staff work closely with the patient's personal physician to ensure continuity of care.

Saint Elizabeth's Home Care is licensed by the States of Minnesota and Wisconsin and is certified by both Medicare and Medicaid.

We accept patients of any age, gender, race, creed, diagnosis, nationality and sexual orientation.

Who can make a referral?

Anyone can inquire about home health services. When anticipating a hospitalization or surgery, plan ahead. As you plan for your discharge and recovery, call the Saint Elizabeth's Home Care office, or talk with your physician to arrange for home health services. Having our services arranged in advance can provide tremendous peace of mind for you and those who care about your well-being.

For more information, please call 651-565-5577. Office hours are 8 AM - 4:30 PM Monday through Friday. Nurses are on call 24 hours a day, 365 days a year.



Saint Elizabeth's Medical Center
MINISTRY HEALTH CARE

today. tomorrow. together.™

stelizabethswabasha.org

**When home
is where you
want to be.**



**Home Health
Services**



Saint Elizabeth's Medical Center
MINISTRY HEALTH CARE

Home Health Services
Serving communities in Wabasha
County and portions of Goodhue,
Pepin and Buffalo Counties

A unique plan for each unique person

The professionals at Saint Elizabeth's Home Care understand it is difficult to sort out all the options in health care. We know you not only require physical treatment, but deserve to be treated as a unique individual.

Home health care is for people of all ages with a need for extra assistance in regaining their optimal level of health and independence. It can also be an alternative to extended hospital stays and long-term care.

Saint Elizabeth's Home Care providers work with you to create an individualized plan to help you live as fully and independently as possible.

Working together for independence

Provided by a team of experienced professionals, home health care brings nursing, therapeutic and emotional/social support to you in the comfort of your home. The goal is to promote, maintain or restore your health. During their visits, the clinicians provide care and teach you and your caregiver how to manage those cares between visits. This important process helps to build independence and confidence. You are empowered with the tools and skills needed to keep you at home.

Nurses are on-call 24 hours a day, 7 days a week to assist with any concerns or questions.

What kinds of health conditions do we manage?

Patients with the following illnesses or health conditions are often appropriate candidates for home health care services:

- Cardiac (heart) problems
- Dementia and Alzheimer's disease
- Diabetes
- Orthopedic problems
- Psychiatric issues
- Respiratory illnesses
- Wound care

What services are available?

- Home care aide services
 - Homemaker/chore services
 - Medication Management
 - Occupational therapy
 - Physical therapy
 - Skilled nursing services
 - Social work services
- Specialty services:
- Home telemonitoring
 - Intravenous therapy
 - Wound vac management
- Speech/language pathology

How is care coordinated?

Care is provided under the direction of your physician. Your case manager will work closely with you and your physician, as well as all of the caregivers on the home health team, to coordinate your care. The case manager oversees all of your care, and is your main contact while you're a patient with Saint Elizabeth's Home Care.

How is home health care paid for?

Medicare, Medicaid and most private insurance companies provide funding for physician ordered home health care services. Our staff will work with your insurance provider to make sense of the coverage available for your care. Saint Elizabeth's also accepts private pay clients. In cases where there is a financial strain, patients may apply for Saint Elizabeth's Community Care funding. We work hard to help you receive the care you need.

What are the requirements to participate?

Medicare and many insurance sources require that patients meet homebound guidelines, which means that with your medical condition, you have a normal inability to leave home, and when you do leave home it requires considerable effort. Being homebound does not mean you can never leave home. You may still be considered homebound if the absences from the home are infrequent or for periods of relatively short duration, and if those ventures are particularly taxing on your energy and comfort. The home health team can help make those determinations. Our services are provided to patients who have a skilled need, which is defined as recurring nursing or therapy as the primary need for care. That care is provided on an intermittent basis, with the professionals visiting periodically. Additionally, homemaker and chore services are available to anyone in need.