

## PREVENTING

# scald burn injuries

### STEPS YOU CAN TAKE TO MAKE YOUR HOME SAFER

Scalds can be prevented through increased awareness of the hazards and simple changes in environment and behavior.

#### Hot Food and Beverage

- Establish a safe area, out of the traffic path between the stove and sink, where children can safely play but still be supervised.
- Keep all pot and pan handles turned in and away from the stove edge to avoid accidental spills.
- Never drink or carry hot liquids while holding or carrying a child.
- Do not place hot liquids on low coffee or end tables that a young child can reach.

#### Tap Water Scald Prevention

- Adequate and constant supervision is the single most important factor in preventing tap water scalds.
- Use a bath thermometer to test bath water. Bath water temperature should be between 90–100°F.
- Do not leave the bathroom unattended while the tub is filling.
- Set water heater thermostats to deliver water at a temperature no higher than 110–120°F / 48°C.
- Consider keeping the bathroom door closed when not in use

#### Other Causes

- Potpourri pots
- Home radiators
- Hot steam vaporizers
- Car radiator

For more information about preventing scald burns, contact the American Burn Association at [ameriburn.org](http://ameriburn.org)



**MINISTRY**  
Saint Joseph's Hospital



**MINISTRY.**  
Saint Joseph's *Children's* Hospital

The Regions Only Verified Level II Adult and Pediatric Trauma Center