

Dramatic Health Improvements Possible with Ministry Health Care's HMR Program for Weight Management™

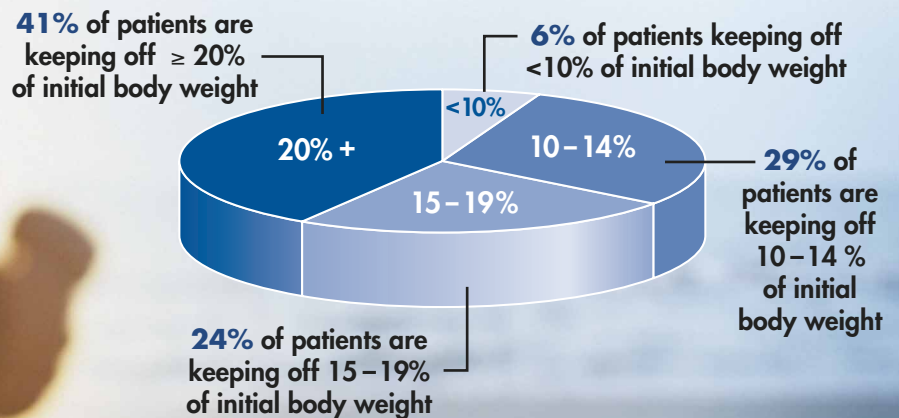
The following data from Ministry Weight Management shows the average medical changes for 17 maintenance patients. Patients completed an initial Health Risk Appraisal (HRA) upon entering the program and a follow-up HRA in June 2009. The average time between surveys was 49 weeks.

Average Medical Risk Factor Changes

CATEGORY	INITIAL	FOLLOW-UP	CHANGE
Weight	229 lbs.	187 lbs.	↓42 lbs.
Total Cholesterol/HDL	3.78	3.5	↓7.4%
Triglycerides	142	127	↓10.5%
Systolic Blood Pressure	136	122	↓14 mm/Hg
Diastolic Blood Pressure	81	75	↓6 mm/Hg
Fasting Blood Glucose	122	97	↓20.5%

Medical changes occurred in addition to substantial decreases and/or elimination of medications.

Percent of Initial Weight Kept Off



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