



Agape Community Center

MINISTRY HEALTH CARE

Sponsored by the Sisters of the Sorrowful Mother

# Agape Community Center

*Thriving People. Vibrant Neighborhoods.*

*Your Neighborhood Community Center*

February 2008

Volume 1, Issue 1

## In This Issue

- We Have a Dream
- World Cuisine
- What's Offered?

## Coming Soon!

- February is Black History Month
- Community Advisory Board meets monthly on health and wellness
- Free CPR/First Aid class ages 14-19

## Visit Us Online!

[www.agape-center.org](http://www.agape-center.org)

- Our Neighborhood Blog
- Purchase Branded Agape and Thurston Woods Products
- Events and Opportunities in Our Neighborhood

## Contact Us

414-464-4440  
Business Hours 9 a- 5 p  
6100 N. 42<sup>nd</sup> St  
Milwaukee WI 53209



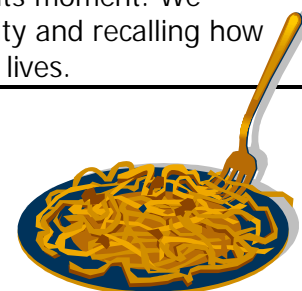
## We Have A Dream...

How did you honor the life and impact of Martin Luther King Jr. this year?

At Agape Community Center, we learned about our ongoing civil rights movement, shared stories and raised questions, and joined in intergenerational activities that included story telling, bingo, and art. All during the

week, our youth members selected inspiring passages from Dr. Martin Luther King Jr.'s speeches and read them aloud on the public address system each day. Together, we created our "We have a Dream" collage, on display during January in our main lobby. We also discussed how our families celebrated, and some of us shared stories of our own participation in the civil rights moment. We honored King's memory and impact by building community and recalling how vital it is to continue to build upon his legacy in our daily lives.

## Spring 2008: World Cuisine Cooking



Singaporean Noodles, Lumpia Rolls, Teriyaki Chicken over bean sprouts, broccoli and white rice..... Learn to make these delicious favorites! Our hands-on classes include the food itself, so you can enjoy what you prepare! Small class sizes (maximum 6) allow each person to enjoy a tasty success! Classes fill fast- call August Marie at 464-4440 ext. 232

March 3: Singaporean Noodles/Asian Dessert 5-7 pm \$15  
April 4: Lumpia (Filipino Spring Rolls) 5-7 pm \$15  
April 7: Teriyaki Chicken 5-7 pm \$15  
(When you register for all three, the fee is only \$10 per class)

## Right Here in Our Neighborhood!?

"I didn't even know we *had* a community center!"

We do! Agape Community Center is a hidden gem, tucked into the Thurston Woods neighborhood and serving over 2,000 each year with family, youth, teen, adult, and senior activities.

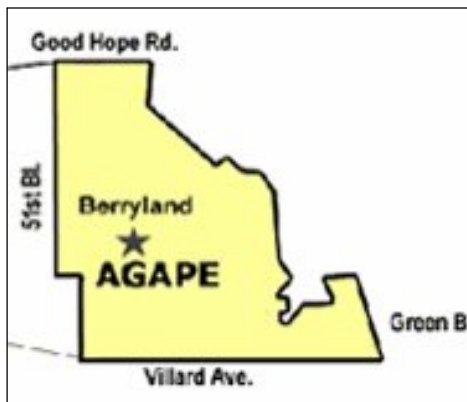
Our participants come from the neighborhoods around us. We offer you and your family:

- Free access to a complete technology lab with computers and software during "Open Lab" hours Monday, Wednesday and Friday 12-2:50. You can: work on your resume, take online courses, access your email, surf the web.
- Workshops and classes during day and evening hours. Some popular classes/workshops we've held include: quilting, cooking/culinary arts, exercise and aerobics classes, CPR/First Aid training, Driver Education, job searching.
- Youth and Pre-teen activities: arts and crafts, Kid Cuisine cooking, basketball, dance, computers, sports and games, homework help, field trips, service opportunities, sewing club, youth football team, cheerleading.
- Teen Scene activities: recreational activities, athletic leagues, driver education, Teen Cuisine, dances, entrepreneurs club, volunteer opportunities, apprenticeships, career and college preparation, leadership development.
- Intergenerational Activities: bingo, cards, trips, volunteer positions, exercise program, Community Advisory Board, and more!
- Health and Wellness: Classes, workshops, free medical clinic for individuals without insurance, blood pressure checks.
- Delicious suppers: Come and dine with us at our Community Meal! Each Tuesday, Wednesday and Thursday, a group of us meets together and eats together, building friendships and often bringing the family together at table.

As a community center, we rely on our neighbors as part of our "crew" as we cook and prepare our Community Meals, host or teach classes and workshops, plant and nurture our community gardens, and offer seminars, classes and programs to home owners, home buyers, do-it-yourself-ers, job seekers, and hobbyists.

There's a place for YOU and your family at Agape Community Center. Our membership fees are reasonable (\$5.00 per year for teen, young adult, and youth membership. Right now, our adult memberships are free, but some of our courses, seminars and classes have low fees to help us offset costs).

We're looking for neighbors like you to join us! Why not come and check us out? We can offer you a "VIP Tour"- just give us a call to set it up at a mutually convenient time. 414-464-4440.



## Join in the Fun!

We currently have openings in:

- Ages 7-13 After School Program (Mon-Fri 3:00-6:00, with meal included)
- Young Adult Activities (Schedule varies. Ages 19-25. Call Mr. JC at 464-4440 ext. 234)
- Teen Scene (Mon-Fri, 6:00-9:00, ages 14-19)

Come in and complete a registration packet!  
Annual membership for ages 7-25: \$5.00

DO YOU HAVE SCHOOL AGE KIDS?  
Free Nurturing Class for Parents

Praising children and their behavior- Problem solving, negotiating- Parents Taking Care of Ourselves  
Feb 6- Apr 2 6-8 pm  
Call Kas 464-4440 ext 227



SIGN UPS are COMING!  
Ages 6-12  
Agape Broncos Youth Football Team/  
Cheerleaders

Call Coach Lane  
750-1356